CV (RESUME)

1. PERSONAL INFORMATION

> Name: **Dr. Sisav Mengistu Alemu**

➤ Birth Date: 30/07/1980 GC

Nationality: Ethiopian

> Sex: Male

> Status: Married

➤ Title: Associate Professor (Department of sport science, College of Natural and Computational Sciences, Hawassa University)

Experience: 17 years' experience in teaching, researching and coaching, teaching material preparation and edition, and administration.

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2. ACADEMIC BACKGROUND

2.1 Tertiary Education

- Doctor of philosophy(Ph.D.) in coach leadership and sport psychology in Football,
 Andhra university, India, 2014
- Master of Arts (MA) in Sociology, Andhra University, India, 2013.
- ➤ Master of Education(**M.Ed**.) in teaching physical education, Addis Ababa University,2006.
- At present, 2019, I am Pursuing MBA(Masters of Business Administration)
- ▶ **B.Ed.** in Education, Kotebe College of Teacher Education: Addis Ababa, Ethiopia, 2004.

Dr. Sisay Mengistu CV

- ➤ **Diploma** in physical education, Kotebe College of Teacher Education: Addis Ababa, Ethiopia, 1999.
- ➤ Higher Diploma on Professional Teacher Education, 2007, Jimma University, Jimma, Ethiopia

2.2. Short Term Training

- ➤ Certificate on Module Writing, Organized by Continuing and distance education coordinating office (CDE) and Academic Development and \Resource Center (ADRC), May 12-14, 2008, Jimma University, Jimma
- ➤ Certificate on 'International trainers' course' of sport leadership , Organized By British council , December 2002, Addis Ababa, Ethiopia
- ➤ Certificate on Leadership training on top link as part of the manchister2002 commonwealth games, 2002, Addis Ababa, Ethiopia.
- ➤ Certificate on dream and teams young leader local tutor for Ethiopia, February 2003, Ethiopia.

3. RESEARCH AND/OR RELEVANT PROFESSIONAL EXPERIENCE

3.1 Relevant Teaching Experiences in the University

- ➤ Teaching various courses in Lecturer and in an Assistant Professor position in the Department of sport Science, college of natural and computational science, Hawassa University since September, 2006 G.C. to date.
- ➤ Post graduate program: Research Methodology in sport, Applied sport psychology, Coaching athletes with dis ability and study on Paralympic sports, Skill development in football, Methodology of Football training, The science of football training, Methodological strategies of teaching physical education, applied sport sociology, applied measurement and evaluation in physical education, sport management and marketing, Methodology of Handball training, The science of Handball training, skill development in Handball, Self -defense and sport skills, and etc.
- ➤ Undergraduate program: history and concepts of physical education, sport psychology, sport sociology, Basic Gymnastics, Apparatus Gymnastics, Volley ball, Basketball, organization and administration of physical education in sport since September, 2006 G.C. to date.

3.2 Research/Project / Experiences

- ➤ The contribution of physical exercise on health, performance and poverty reduction in Ethiopia.
- ➤ The effect of exercise training on changes on the body composition and resting blood pressure among adults patient enrolled in Jimma University Hypertension follow up clinic, Jimma (on progress).
- Football coach leadership styles and players commitment Vol.2,No 5, ISSN 2277-1166
- Leadership and motivation, Vol.2,No 3, ISSN 2277-1166
- ➤ The Relationship Between Coaches' Leadership Styles, Team Cohesion And Team Success: The Case Of Premier League Soccer Clubs In Ethiopia, Vol.1 Issue 11, November 2012, ISSN 2277 3630

4. PUBLICATIONS

- ➤ Haileegziabher Gashaw, Dr.Sisay Mengistu (2018) Assessment of Quality Training Method on the Performance of Hawassa City and Sidama Buna Male Football Clubs of Ethiopia. IOSR Journal Of Humanities And Social Science (IOSR-JHSS), 2018, V-23(Is2)Ver(10): 53-59
- ➤ Abraham Derbachew, Dr.Sisay Mengistu, Esayas Hailu(2018) Effects of ten weeks selected training on some physical fitness components of Mati-Arba Minch U-17 male football project players. IOSR Journal Of Humanities And Social Science (IOSR-JHSS) Volume 23, Issue 10, Ver. 9 (2018) 50-55
- ➤ Birtukan Belachew, Dr.Sisay Mengistu (2018) Effects of Physical Fitness Exercises on Muscular Strength and Endurance Performance of Male Football Players of Tabor Secondary School. IOSR Journal Of Humanities And Social Science (IOSR-JHSS), 2018, V-23(Is2)Ver(10): 60-68
- Hizbayesh Ambaw¹, Dr.Sisay Mengistu(2017) Physical Fitness Status as a Function of Age and Players` Positions: the Case of Females` Premier Soccer League in Addis Ababa City. IOSR Journal Of Humanities And Social Science (IOSR-JHSS), 2017, V-22(Is7): 82-86
- Demie Girma, Dr.Sisay Mengistu(2017) Perceived Causes, Prevention and Treatment of Injuries: The Case of Assela Town Male Football Club Players of Ethiopia. IOSR Journal Of Humanities And Social Science (IOSR-JHSS), 2017, V-22,(Is12)Ver(I0): 47-52
- > Tewodros G., Dr. Sisay M, Belay Z. (2016) Sexual Dysfunction And Its Association With Physical Activity Among Adults With Uncontrolled Hypertension Enrolled In Some Selected Specialized Hospital in Ethiopia. International Journal of Current Research Vol. 8, Issue, 07, pp.34130-34136, July, 2016 ISSN: 0975-833X
- ➤ Dr. Tefera T, Dr. Sisay M, Yehwualashet G. (2016)Using research-based evaluation to inform changes in the development of undergraduate sports science education in Ethiopia, ELSEVIER, Journal of Hospitality, Leisure, Sport & Tourism Education,
- Asres A, Dr. Sisay M, Gemechu B(2015)Coaches' Leadership Style and Motivational Climate of Players in South East Ethiopian National League Foot Ball Clubs. Journal of Tourism, Hospitality and Sports, Vol.16, 2016 ISSN (Paper) 2312-5187 ISSN (Online) 2312-5179
- ➤ Beniyam T, **Dr. Sisay M**, Gemechu B(2015)The Relationship between Personality Trait and Sport Performance: The Case of National League Football Clubs in Jimma Town, Ethiopia, Journal of Tourism, Hospitality and Sports Vol.11, ISSN (Paper) 2312-5187 ISSN (Online) 2312-5179

Dr. Sisay Mengistu CV

- ➤ Sisay, M & Syam, B (2013). Football coach leadership styles and players commitment, ABHINAV national monthly refereed journal of research in commerce & management Vol.2,No 5, ISSN 2277-1166.
- ➤ Sisay, M & Syam, B (2013). Leadership and motivation, ABHINAV national monthly refereed journal of research in commerce & management, Vol.2,No 3, ISSN 2277-1166
- ➤ Sisay, M & Syam, B (2013). The Relationship Between Coaches' Leadership Styles, Team Cohesion And Team Success: The Case Of Premier League Soccer Clubs In Ethiopia, International Journal of Social Science & Interdisciplinary Research Vol.1 Issue 11, November 2012. ISSN 2277 3630

5. Teaching Materials Development

- A writer of a Module on sport psychology, 2011, Jimma University, Jimma
- A Co-writer of a Module on sport sociology, 2011, Jimma University, Jimma.
- ➤ A Co writer of a Module on research method in sport, 2011, Jimma University, Jimma.

6. Administrative Experiences

- Research review committee, College of Natural Sciense, Hawassa Universities, Ethiopia
- ➤ Post Graduate coordinator, 2014- to date, Jimma and Hawassa Universities, Ethiopia
- ➤ Head department of sport science, 2008, Jimma university, Jimma, Ethiopia
- Academic staff appointment and promotion committee (ASAPC), Jimma University, since April 2007.
- Research Review Committee College of natural science, 2014, Jimma University
- > Post graduate coordinator, department of sport science, 2014, Jimma University
- > Technical director, Aba Buna sport club, Jimma

7. Professional Contributions

- Worked as a technical director of Jimma city and Jimma Aba Buna football clubs
- ➤ I gave CAF-C- License football coaching training.

9. Contact Details

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